

ACTIA Annual Programs Compliance Report July 1, 2005 through June 30, 2006 Reporting Year

Submitted by:
CITY OF EMERYVILLE

Date: December 29, 2006

Prepared for
Alameda County Transportation Improvement Authority (ACTIA)
1333 Broadway
Oakland, CA 94612

Submitted By:

Patrick O'Keeffe
Interim City Manager

Edmund Suen
Finance Director

Submittal Requirements:

- 1. Submit an electronic version of this report by December 31, 2006 to Tess Lengyel, ACTIA Programs and Public Affairs Manager at tlengyel@actia2022.com.*
- 2. A hard copy with wet signatures must also be received in the mail, postmarked no later than December 31, 2006.*

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Mass Transit Programs Report Summary

Report Submitted by: (Agency) – **Not Applicable**

Agency Mass Transit Contact Name

Agency Address:

Agency Mass Transit Contact Phone Number:

Agency Mass Transit Contact Fax:

Agency Mass Transit Contact e-mail:

1. **ACTIA Mass Transit Program funds** received/expended (accrual basis). These numbers should be the same as those reported in your compliance audit.

04/05 UNSPENT BALANCE	05/06 REVENUES	INTEREST/ OTHER INCOME	EXPENDED	ENDING BALANCE
\$	\$	\$	\$	\$

If applicable, please explain why expenditures in Reporting Year 2005/2006 were less than the amount the Agency received and what the Agency intends to do with the additional funds.

2. **Publication date(s) in Newsletter** (Agency or ACTIA Newsletter) highlighting Mass Transit projects/programs funded by Measure B:

(Please include a copy of the newsletter in the Attachments.)

3. **Website address(es):**

(Your website should describe Mass Transit projects and programs funded by Measure B, with updated and accurate information, and also should have a link to www.actia2022.com. Please include printout in the Attachments.)

4. **Describe signage** used in the Mass Transit projects/programs indicating the use of Measure B funds.

(Please include photos of signage in the Attachments.)

5. Mass Transit Programs / Projects Description

(Describe the Mass Transit programs/project(s) implemented with Measure B funds in fiscal year 2005/2006. Complete Table 1 below by listing project name, planning area, project description, project benefits, estimated number of trips provided with Measure B funds, total project cost and Measure B expenditures. Include photographs in Attachments.)

6. Planned Mass Transit Programs / Projects

Describe the planned Mass Transit programs/project(s) to be implemented with Measure B funds and the projected schedule.

Table 1
Measure B-Funded Mass Transit

<i>Project Name</i>	<i>Planning Area</i>	<i>Description</i>	<i>Benefits</i>	<i>Estimated Number of Trips provided with Measure B funds in FY 05/06</i>	<i>Total Project Cost</i>	<i>Measure B Expenditures in FY 05/06</i>
TOTAL:						

Local Streets and Roads Programs Report Summary

Report Submitted by: **City of Emeryville**

Agency Local Streets and Roads Contact Name **Mike Roberts**

Agency Address: **1333 Park Ave., Emeryville, CA 94608**

Agency Local Streets and Roads Contact Phone Number: **(510) 596-4333**

Agency Local Streets and Roads Contact Fax: **(510) 596-4389**

Agency Local Streets and Roads Contact e-mail:

mroberts@ci.emeryville.ca.us

1. **ACTIA Local Streets and Roads Program funds** received/expended (accrual basis). These numbers should be the same as those reported in your compliance audit.

04/05 UNSPENT BALANCE	05/06 REVENUES	INTEREST/ OTHER INCOME	EXPENDED	ENDING BALANCE
\$ 105,781	\$ 190,256	\$ 4,682	\$ 62,132	\$ 238,587

If applicable, please explain why expenditures in Reporting Year 2005/2006 were less than the amount the Agency received and what the Agency intends to do with the additional funds.

A positive balance was maintained in the local Streets and Roads Measure B account to compensate for revenue fluctuations and to assure the funding of future projects. The size of the projects to be funded with Measure B money are increasing in size which may result in reducing project frequency from a 12 month cycle to a 18-24 month cycle.

2. **Publication date(s) in Newsletter** (Agency or ACTIA Newsletter) highlighting Local Streets and Roads projects/programs funded by Measure B:

Measure B News-Fall 2005/Winter 2006 Issue

3. **Website address(es):**

http://www.ci.emeryville.ca.us/publicworks/measure_b.html

4. Describe signage used in the Local Streets and Roads projects/programs indicating the use of Measure B funds.

As the work locations for this project changed on a daily basis, magnetic signage mounted to contractor and inspection vehicles was utilized.

5. Certified number of road-miles within City's jurisdiction:

The certified number of road miles in the City of Emeryville is 19.2.

6. Jurisdiction Population:

The California Department of Finance's City of Emeryville population estimate for 2006 is 8,537.

7. Local Streets and Roads Programs / Projects Description

Describe the Local Streets and Roads programs/project(s) implemented with Measure B funds in fiscal year 2005/2006. Complete Table 2 below by listing project name, planning area, project description, project benefits, dates of completion, quantity constructed, total project cost and Measure B expenditures. Include photographs in Attachments.

This project consisted of slurry sealing Overland Avenue from Peabody Lane to 61st Street, 67th Street from the Union Pacific tracks to Hollis Street, 66th Street from the Union Pacific tracks to the Emeryville Greenway, Ocean Avenue from Hollis to Vallejo, 64th Street from Overland to Vallejo, 63rd Street from Doyle to Vallejo, 62nd Street from Overland to Vallejo, 61st Street from Hollis to Vallejo, 59th Street from Hollis to Vallejo, the Beaudry Street cul-de-sac north of 59th, Doyle Street from 59th to the Elevation 22 frontage, Vallejo Street from Peabody to 55th Street. Thermoplastic striping followed the slurry installation.

8. Planned Local Streets and Roads Programs / Projects

Describe the planned Local Streets and Roads programs/project(s) to be implemented with Measure B funds and the projected schedule.

2007 Slurry Seal Project- This project includes the slurry sealing and striping of various streets in Emeryville.

Bicycle and Pedestrian Safety Programs Report Summary

Report Submitted by: **City of Emeryville**

Agency Bicycle and Pedestrian Safety Program Contact Name

Peter Schultze-Allen

Agency Address: **1333 Park Ave., Emeryville, CA 94608**

Agency Bicycle and Pedestrian Safety Program Contact Phone Number:

(510) 596-3728

Agency Bicycle and Pedestrian Safety Program Contact Fax:

(510) 596-4389

Agency Bicycle and Pedestrian Safety Program Contact e-mail:

pschultze-allen@ci.emeryville.ca.us

1. ACTIA Bicycle and Pedestrian Safety Program funds

received/expended (accrual basis). These numbers should be the same as those reported in your compliance audit.

04/05 UNSPENT BALANCE	05/06 REVENUES	INTEREST/ OTHER INCOME	EXPENDED	ENDING BALANCE
\$ 36,105	\$ 21,654	\$ 1,308	\$ 170	\$ 58,897

If applicable, please explain why expenditures in Reporting Year 2005/2006 were less than the amount the Agency received and what the Agency intends to do with the additional funds.

There were delays in the purchasing of signage and contracting for the Bike Boulevard project. The project is well underway in FY 06/07 with over \$14,000 in expenditures as of December 21, 2006. The previous year's project – the Powell/Christie Ped/Bike Safety study – was completed and future phases are being funded from other sources.

2. Publication date(s) in Newsletter (Agency or ACTIA Newsletter) highlighting Bicycle and Pedestrian Safety projects/programs funded by Measure B:

None.

3. Website address(es):

http://www.ci.emeryville.ca.us/publicworks/measure_b.html

4. Describe signage used in the Bicycle and Pedestrian Safety projects/programs indicating the use of Measure B funds.

None in FY05/06.

5. Bicycle and Pedestrian Safety Programs / Projects Description

Describe the Bicycle and Pedestrian Safety programs/project(s) implemented with Measure B funds in fiscal year 2005/2006. Complete Table 3 below by listing project name, planning area, project description, project benefits, dates of completion, quantity constructed, total project cost and Measure B expenditures. Include photographs in Attachments.

Measure B funds were used in FY 05/06 to complete the feasibility study (by Kimley Horn and Associates) of the bike/ped safety study done by the UC Traffic Safety Center. The next phase of the project will be to have Kimley Horn draw up a design for construction improvements- however, those funds will be from a different source.

6. Planned Bicycle and Pedestrian Safety Programs / Projects

Describe the planned Bicycle and Pedestrian Safety programs/project(s) to be implemented with Measure B funds and the projected schedule.

The City of Emeryville is currently spending Measure B funds on implementation of a city-wide Bike Boulevard network. Approximately \$14,000 in funds have already been spent in the first half of 2006/07 on signage, pavement markings and sign poles for the Horton/Overland Bike Boulevard. The next phase will be on the Doyle Street Bike Boulevard (from 59th to Ocean.) Other streets approved as Bike Boulevards are: 65th Street (from LeCoste to the Greenway), 59th Street (from Horton to Doyle) and 53rd Street (from Horton to Boyer.) All the Bike Boulevard improvements are expected to be completed by the end of FY 07/08.

Table 3
Measure B-Funded Bicycle and Pedestrian Safety

<i>Project Name</i>	<i>Description</i>	<i>Benefits</i>	<i>Date of Completion</i>	<i>Quantity Constructed in FY 05/06 (length of bike lanes/sidewalks, number of signals, bike racks, etc.)</i>	<i>Total Project Cost</i>	<i>Measure B Expenditures in FY 05/06</i>	<i>Is this project within an area of Countywide Significance in ACTIA's Pedestrian Plan? (Yes or No)</i>	<i>Is this project in MTC's Regional Bike Plan? (Yes or No)</i>
Bike/Ped Safety Study of Powell Street Area Intersections	Kimley-Horn	Design to improve intersections	6/30/06	N/A – study only	\$15,000	\$170	No	No
TOTALS:						\$170		

Paratransit Programs Report Summary

Report Submitted by: **City of Emeryville**

Agency Paratransit Program Contact Name **Suzanne Ota**

Agency Address: **1333 Park Ave., Emeryville, CA 94608**

Agency Paratransit Program Contact Phone Number: **(510) 596-4314**

Agency Paratransit Program Contact Fax: **(510) 658-8095**

Agency Paratransit Program Contact e-mail: **sota@ci.emeryville.ca.us**

1. **ACTIA Paratransit Program funds** received/expended (accrual basis). These numbers should be the same as those reported in your compliance audit.

04/05 UNSPENT BALANCE	05/06 REVENUES	INTEREST/ OTHER INCOME	EXPENDED	ENDING BALANCE
\$ 34,994	\$ 24,658	\$ 653	\$ 50,972	\$ 9,333

If applicable, please explain why expenditures in Reporting Year 2005/2006 were less than the amount the Agency received and what the Agency intends to do with the additional funds.

2. **Publication date(s) in Newsletter** (Agency or ACTIA Newsletter) highlighting Paratransit projects/programs funded by Measure B:

(Please include a copy of the newsletter in the Attachments.)

3. **Website address(es):**

<http://www.ci.emeryville.ca.us/seniorcenter/paratransit.html>

4. **Describe signage** used in the Paratransit projects/programs indicating the use of Measure B funds.

No signage in fiscal year 2006.

5. Paratransit Programs / Projects Description

Describe the Paratransit programs/project(s) implemented with Measure B funds in fiscal year 2005/2006. Complete Table 3 below by listing project name, planning area, project description, project benefits, dates of completion, quantity constructed, total project cost and Measure B expenditures. Include photographs in Attachments.

The City of Emeryville provided an extensive Paratransit Program in FY 2005-06 utilizing its reserve funds. Transportation consultant Douglas J. Cross completed the draft Senior and Disabled Transportation Needs Assessment Study that was presented to the Emeryville Commission on Aging and the Transportation Committee. The City Council endorsed the Study on November 7, 2006. It is anticipated that the City Council will consider an implementation plan in the Spring 2007.

The Senior Center's taxi voucher program was expanded with 133 registered riders in the program. 6,346 individual demand-responsive trips were provided. Group trips and tours were provided for 104 seniors with a total of 6,450 senior trips provided under the Paratransit Program.

A Paratransit Program brochure was published with the paratransit application updated later in the year. Marketing information was also provided on the City's website and in the Senior Center monthly newsletter, *The Link*. Monthly meetings were held to discuss the Paratransit Program and address questions and concerns raised by senior riders.

6. Planned Paratransit Programs / Projects

Describe the planned Paratransit programs/project(s) to be implemented with Measure B funds and the projected schedule.

While FY 2005-06 witnessed an expansion in the Senior Center Paratransit Program, City staff will reevaluate the taxi voucher program to strive for program efficiency. The City will also seek alternative modes of transportation, such as the acquisition of a van, to assist in providing transportation and access for seniors to the Emeryville Senior Center.

**ACTIA Programs Annual Report
2005/2006 Reporting Year**

**MASS TRANSIT PROJECTS/PROGRAMS
ATTACHMENTS**

**ACTIA Programs Annual Report
2005/2006 Reporting Year**

**LOCAL STREETS AND ROADS PROJECTS/PROGRAMS
ATTACHMENTS**

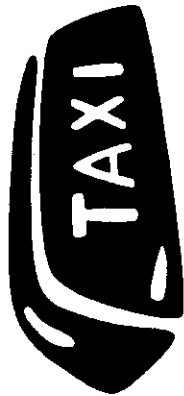
**ACTIA Programs Annual Report
2005/2006 Reporting Year**

**BICYCLE AND PEDESTRIAN SAFETY PROJECTS/PROGRAMS
ATTACHMENTS**

**ACTIA Programs Annual Report
2005/2006 Reporting Year**

PARATRANSIT PROJECTS/PROGRAMS ATTACHMENTS

EMERYVILLE SENIOR CENTER

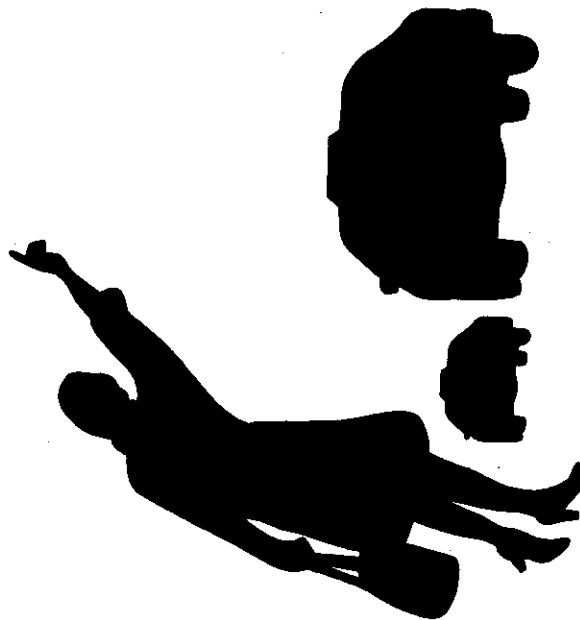


About the Program

Emeryville offers a taxi voucher program of transportation services to the disabled and senior community. Each voucher is worth \$5 in rides; most rides require more than one voucher. The vouchers may be used 7 days a week, 24 hours a day. Rides may be scheduled as needed; with no advance reservation required. There is no waiting list for new enrollment.

Emeryville Senior Center's paratransit program is funded by Alameda County Measure B.

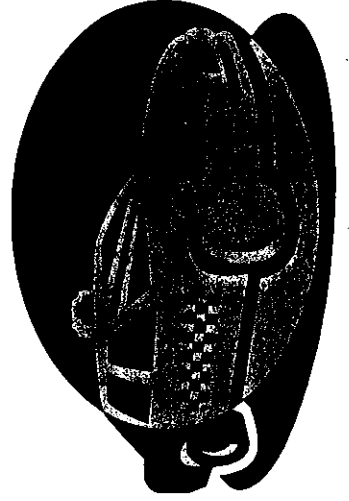
Paratransit Program



PHONE: (510) 596-3730

Eligibility

The program is open to Emeryville residents (and to all non residents who live in the 94608 zip code area) who are over the age of 18 and are ADA-certified. Please complete the application on the following pages and return it to the Emeryville Senior Center. Along with this application, complete the application for the East Bay Paratransit Consortium, and submit a copy with the Emeryville application. Applications will only be considered with the East Bay Paratransit application completed.



How to Use the Vouchers

Program participants will receive a certain amount of vouchers per year, based on their transportation needs. The vouchers will be distributed on a quarterly basis, and will be valid for the three month period in which they are distributed. Every three months, participants will receive a batch of vouchers for the following time period.

Participating Taxi Services

Vouchers can be used with any of the following taxi companies:

- ◆ Yellow Cab of the East Bay
- ◆ Friendly Cab Company
- ◆ Metro Yellow Taxi Cab
- ◆ Veterans Cab Company

Contact the Senior Center office for a complete list of taxi providers.

Application



NAME: _____
 ADDRESS: _____

 PHONE: _____
 BIRTHDATE: _____

Describe the physical or mental condition that makes it difficult for you to use public transportation:

Is the condition:

PERMANENT TEMPORARY

Do you have access to a private vehicle? YES NO

If yes, describe your need for taxi vouchers: _____

What is your monthly income: _____

Are you certified for rides with East Bay Paratransit:

- Applying now
- Applied recently
- Fully certified
- Application denied
- Conditionally certified

How will you use the vouchers?

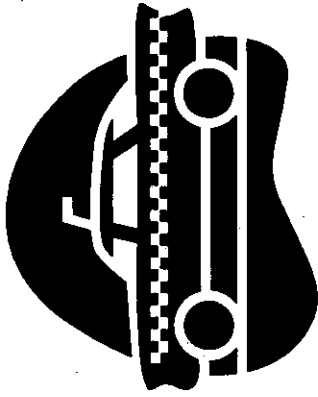
- Grocery and other shopping
- Medical appointments (Number per month ____)
- Senior Center activities and services
- Other living needs
- When I need to transport more than packages
- After 7 PM or nightfall
- When I am unable to book a ride a day in advance
- Other (specify) _____

SIGNATURE: _____

DATE: _____

Mail completed application to:

Emeryville Senior Center
 4321 Salem Street
 Emeryville, CA 94608



Our Mission

The mission of the Emeryville Senior Center is to provide an array of programs and services that promote healthy aging and contribute to the physical, emotional, and financial well-being of older persons in our community.

Group Trips

In addition to the taxi voucher program the Senior Center provides group excursions and shopping trips via taxi/van. Wheelchair accessible ramp taxis are available with 24 hours notice.

Contact the Senior Center to find out when these group trips are offered.

Contact Us

Emeryville Senior Center
4321 Salem Street
Emeryville, CA 94608
(510) 596-3730

www.ci.emeryville.ca.us

Paratransit Application Form

For Non-ADA Paratransit Services. Please use if you are a resident of: Alameda, Albany, Berkeley, Emeryville, Fremont, Hayward, Newark, Oakland, Pleasanton or San Leandro

Name: _____
Last Name First Name Middle Initial

Daytime Phone: (____) _____ Cell Phone: (____) _____

Evening Phone: (____) _____ TDD/TTY: (____) _____

Home Address: _____
Street Address Apt. # City Zip Code

Name of Housing Facility (if applicable): _____

Birth Date: ____/____/____ Male Female
Month Day Year

Do you manage your own affairs and deal with your own mail? Yes No
If "No", to whom should important correspondence be mailed?

Name: _____ Relationship: _____

Daytime phone: (____) _____ Cell or Evening phone: (____) _____

Mailing Address: _____
(if different from above) Street Address or PO Box Apt. # City State Zip Code

1. Are you on any of the following forms of income/benefit assistance? (check all that apply)

- Supplemental Security Income (SSI) Medi-Cal General Assistance (GA)
 Cash Assistance Program for Immigrants (CAPI) CalWorks

2. Gross Individual Monthly Income: _____

3. Gross Household Monthly Income: _____ # of people in household: _____

4. What is your living arrangement? Live alone Live w/ spouse/partner

Live with adult children Live in a skilled nursing facility/nursing home

Live in assisted living/residential care home Other: _____

5. What is your race/ethnicity?

- African American Asian/Pacific Islander
 Caucasian Hispanic/Latino Native American

Other: _____

6. What language(s) do you speak? Preferred Language: _____

Other Language(s): _____

7. How do you currently travel to your most frequent destinations? (Check all that apply)
 ADA Paratransit (i.e. East Bay Paratransit, Wheels Dial-A-Ride, Union City Paratransit)
 Drive myself Someone drives me Buses/BART Taxi
 Other: _____

8. Have you been certified as eligible for rides with an ADA paratransit service (i.e. East Bay Paratransit, Wheels Dial-A-Ride, Union City Paratransit)?
 Fully eligible Conditionally eligible Rider Identification #: _____
 Not eligible/Denied Have not applied Don't know

9. Do you use any of the following mobility aids or specialized equipment?
 Cane White Cane Walker
 Manual Wheelchair Power Wheelchair Power Scooter
 Service Animal Portable Oxygen Tank Other: _____

10. Do you need a wheelchair lift to get in and out of a vehicle? Yes No Don't know

11. Do you typically travel with assistance from another person? Yes No

12. Please describe your disability or disabling health condition and explain how this condition prevents you from using public transit (i.e. buses or BART):

13. Is the above condition you describe: Permanent Temporary until: _____

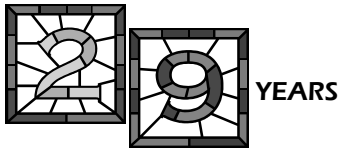
14. Emergency Contact Person: _____
Relationship to you: _____ Daytime phone: (____) _____
Cell phone: (____) _____ Evening phone: (____) _____

15. If you need future information provided to you in an accessible format, please check which format you prefer: Large Print Audiotape Braille CD/Electronic File

I certify that the information in this application is true and correct. I understand that knowingly falsifying the information will result in denial of service. I give the City permission to verify whether I am enrolled with East Bay Paratransit, Wheels Dial-A-Ride or Union City Paratransit. I understand that all application information will be kept confidential, and only the information required to provide the service I request will be disclosed to those who perform the services.

Applicant's Signature: _____ Date: _____

Person who assisted you with application/Phone #: _____



...The...Link.....

From the Director: *Ellyn Bloomfield*

How vital are our volunteers at the Senior Center to the Center and to the community in general? Our volunteers provide thousands of hours of service to the Center and accomplish valuable services for the older adults in our community. In February for example, upon hearing that one of our staff members became ill, several people came forward and volunteered their time and energy to help all of us in the office. Their generosity and goodwill have made a tremendous difference in the every day operations of our Center. The Center provides a warm and welcoming place to new members and friends because our volunteers demonstrate their love and care for all. With meals served, programs offered, information and services shared, with bread delivered and strategic planning brought to the fore—our volunteers truly make innumerable contributions each and every day in our community. Please join us in recognizing our exceptional volunteers in a Summer Solstice themed event at our **29th Annual Senior Center Anniversary & Volunteer Appreciation Party** on Wednesday afternoon, **June 21st, at noon**. A catered, light lunch will be provided for those who **reserve ahead of time**. (The deadline for reservations is Thursday, June 15th.) If possible, please dress in comfortable, summer—style clothing. Come to the Senior Center to honor our very talented, devoted, & special volunteers at this wonderful, annual event.

NEWS FLASH... We are offering new classes in the late afternoon, starting on June 5th. The classes include “Strong People Need to Stay Young,” “Gentle Yoga,” “House and Garden Arts,” and “Dayan Qi Gong.” These classes are approximately eight weeks long. For more information, please contact the Center office.... We are also pleased to report that both Advisory Council member, Connie Williams, and Senior Center staff member, Gladys Lindsey, are now back home from the hospital & are both on the mend.

What is so rare as a day in June?
Please take a few minutes now & fill out the yellow insert which is the new Senior Center registration form for this coming year (fiscal year) and either bring it in to our office or mail it back **no later than July 3rd**. Why fill this form out? First, it guarantees for you continuous mailings of our monthly newsletter, “Link.” Secondly, it assures that all the information for our in-house database is current & up to date. **PLEASE** send the forms!!!

◆.....◆
Emeryville Paratransit

There are new guidelines for the paratransit program, beginning July 1st, including a co-payment for all taxi vouchers. Participants should plan to attend an important meeting on Thursday, June 29th at **1:15 pm** to learn about the new guidelines. After the meeting, new quarterly vouchers will be distributed to participants who attend. Participants will need to make co-payments to the office before receiving vouchers by mail.

<p>Brown Bag— June 1st “Flight Plan” – June 2nd New Classes—June 5th Advisory Council—June 6th Senior Massage—June 6th “Mrs. Henderson...”—June 9th Circle the Bay—June 10th June Dance Party—June 12th Comm on Aging—June 14th Newsletter Day—June 15th Brown Bag—June 15th Dine Around—June 15th “Shop Girl” - June 16th HICAP—June 20th Summer Solstice -June 21st “Match Point” - June 23rd Art Lovers Trip—June 27th ACT Trip—June 28th Taxi Voucher Mtg—June 29th “Transamerica” - June 30th</p>	<p><i>Upcoming Dates.</i></p>
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HEALTH NOTES

MEDICATION AWARENESS

Do you know what your medications are for? If you are like many older adults, you may be familiar with the *color* or *size* of the pills you take, but you may not know the names or *why* your physician has prescribed each one for you. Why is this important? Knowing what your medication is supposed to do not only increases your overall understanding of your own health, but it also can help you become aware if a medicine is not working. When you visit your doctor and he/she prescribes a new medicine, ask what the medication is supposed to do. It is also a good idea to *ask the nurse to provide you with a list of all your medications and dosages, along with an explanation of what each one is for.* When you fill your prescription at the pharmacy, be sure to look for the pamphlets that are enclosed—they have valuable information about your medication. However, because one medication can treat several different illnesses or symptoms, you still need to ask your doctor why *you* are taking it.



MONEY MATTERS

PROPERTY TAX POSTPONEMENT

You may be eligible to postpone all or part of your homeowner property taxes if you:

- ◆ Will be 62 or older on December 31, 2006, or are blind or disabled
- ◆ Owned and occupied your home on December 31, 2005; and
- ◆ Had an income of \$24,000 or less in 2005

Postponement forms are available here in the Emeryville Senior Center Office. For more information, you can call the California State Controller's Office at **1(800)952-5661**. **Claims must be filed between May 15 and December 11, 2006.*

The Link is published monthly by the Emeryville Senior Center Advisory Council, 4321 Salem Street, Emeryville CA 94608, a public, non-profit agency funded primarily by the City of Emeryville, with additional funds from Alameda County Area Agency on Aging, Measure B, corporate and individual donations, and fundraising activities.

Director/ Editor: Elyn Bloomfield
Administrative Analyst: Rani Visweswaran
Office Assistants: Gladys Lindsey, Susan Laing
Meal Handlers: Awilda Roig, Louise Carter

VOLUNTEER OPPORTUNITY

Wanted: Volunteers to Deliver Meals to Homebound Seniors

Are you looking for a way to give back to the community? We have just the opportunity for you! The Emeryville Senior Center is currently looking for volunteers to deliver hot meals and a friendly smile to frail, homebound older adults in Emeryville. Volunteers must have access to a car and be willing to give a time commitment of *one day every week* or *every other week*, from 11:30AM to 12:30PM. Volunteers who can only deliver for the summer or as a back-up, are also welcome. We need your help! Please call Rani at 596-



WHAT'S NEW...from our members



Do you have a personal short story, helpful hint, anecdote, or poem you would like to share with others? The Emeryville Senior Center would like to include input from our members in our monthly *Link*. Please send writings to: *Emeryville Senior Center, Newsletter, 4321 Salem Street, Emeryville, CA 94608*. Please note that we cannot guarantee inclusion of items in the newsletter, and not everything can be returned. Also, if you have suggestions about topics you would like to hear more about, please let us know.

Thanks so much...

...to Dolores Rodriguez and Violet Silva for the donations to the *Helping Hand Fund*...to Donna Agualo, Frieda Pardo, Joanna Mooney, Mary Pollard, Ernestine Rivas, Eunice Rolan, Jeannie Sanchez, Mary Soo-Hoo, Bobbie Sullivan, Margaret and Min Tsujimoto, and Lois Wahle for setting up and helping with the Flea Market...to Barbara Cadwalader for the quilting supplies...to Delvina Estevez, Ingeborg Gerdes, Julia Vitero, and Joyce Wills for donations to the Flea Market... and to Grace Lee for the video tapes and magazines.



The mission of the Emeryville Senior Center is to provide an array of activities and services that promote healthy aging and contribute to the physical, emotional, and financial well-being of older persons in our community.

Participation is not limited with regard to race, color, creed, national origin, sex, or handicap.

EMERYVILLE SENIOR CENTER

JUNE 2006

Hours: 9:00 AM – 4:00 PM
Monday – Friday

Mon	Tue	Wed	Thu	Fri
<p>NEW! Late Afternoon Classes Mondays 5pm— Strong People Need To Stay Young Tuesdays 5pm— House & Garden Arts Thursdays 3:30pm— Gentle Yoga</p> <p>9:30 Internet 10:15 Physical Fitness 11:45 Lunch 1:00 Bingo 1:00 Feldenkrais 5:00 Strong People...</p>	<p>10:00 Ballroom Dance Class 10:00 Talk Back 10:15 Weight Training 11:45 Lunch 12:30 Sing-a-long 1:00 Bridge Class 1:30 Art Class</p> <p>Advisory Council 10:30am</p> <p>10:00 Ballroom Dance Class 10:00 Talk Back 10:15 Weight Training 11:45 Lunch 12:30 Sing-a-long 1:00 Bridge Class 1:30 Art Class</p>	<p>10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p> <p>10:00 Commission on Aging 10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p> <p>10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p>	<p>10:00 Brown Bag Distribution 10:00 Strength Training 11:45 Lunch 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p> <p>10:00 Strength Training 11:45 Lunch 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p> <p>10:00 Strength Training 11:45 Lunch 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p>	<p>10:00 Dance Class 11:30 Blood Pressure Check Up 11:45 Lunch 12:45 Movie: Flightplan</p> <p>10:00 Dance Class 11:45 Mother's Day Luncheon 12:45 Movie: Mrs. Henderson Presents</p> <p>10:00 Dance Class 11:30 Blood Pressure Check Up 11:45 Lunch 12:45 Movie: <i>Shopgirl</i></p> <p>10:00 Dance Class 11:45 Lunch 12:45 Movie: Match Point</p>
<p>9:30 Internet 10:15 Physical Fitness 11:30 Lunch (Portable Meals) 1:00 <i>Dance Party</i> 1:00 Feldenkrais 5:00 Strong People...</p>	<p>10:00 Ballroom Dance Class 10:00 Talk Back 10:15 Weight Training 11:45 Lunch 12:30 Sing-a-long 1:00 Bridge Class 1:30 HICAP 1:30 Art Class</p> <p>10:00 Ballroom Dance Class 10:00 Talk Back 10:15 Weight Training 11:45 Lunch 12:30 Sing-a-long 1:00 Bridge Class 1:30 HICAP 1:30 Art Class</p>	<p>10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p> <p>10:00 Commission on Aging 10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p> <p>10:30 Relaxercise 11:45 Lunch 5:00 Qi Gong</p>	<p>10:00 Brown Bag Distribution 10:00 Strength Training 11:45 Lunch 12:30 Dine Around! 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p> <p>10:00 Strength Training 11:45 Lunch 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p> <p>10:00 Strength Training 11:45 Lunch 1:00 Quilting 1:00 Tai Chi 3:30 Gentle Yoga</p>	<p>10:00 Dance Class 11:30 Blood Pressure Check Up 11:45 Lunch 12:45 Movie: <i>Shopgirl</i></p> <p>10:00 Dance Class 11:45 Lunch 12:45 Movie: Match Point</p>
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PROGRAM HIGHLIGHTS

June 2006

EVENTS

Summer Solstice Party (Volunteer Appreciation & Anniversary) Wednesday, June 21st; 11:45AM

Summer begins and its time to party. Come cheer as we honor and appreciate the many people who volunteer their time to Center; now 29 years strong.

Dine Around— Thursday, June 15; 12:30PM
Soi means street, and the name was inspired by a particularly rocking one in Bangkok. The menu takes Bangkok street food and gives it a similarly sophisticated edge, mixing in other dishes that reflect some of the broad range of Thai cooking. Hosted by Frieda Pardo, we'll meet at 12:15pm. Soi4 is a 5421 College Avenue in Oakland.

**Art Lovers Trip – Monet in Normandy
Tuesday, June 27th; 1:00PM**
The Legion of Honor presents "Monet and Normandy." This retrospective examines Monet's unique preoccupation with Normandy and its subsequent artistic influences.

ACT Trip - Wednesday, June 28th; 10:30AM
"Happy End" by Dorothy Lane
Lyrics by Bertolt Brecht & music by Kurt Wiell
Combining social satire with music-hall moxie, *Happy End* showcases a mythical 1920s Chicago packed with oversized personalities, financial corruption, and some of the greatest songs of twentieth-century theater, including "Surabaya Johnny" and "The Bilbao Song."

Late Afternoon Classes!

New!

Strong People Need to Stay Young Mondays 5pm (starting June 5th)

Enjoy a series of exercise designed to increase flexibility, balance, strength, and range of motion with breath work integrated into whole for deeper relaxation. Instructor: Amy Aldrich.

Gentle Yoga - Thursdays 3:30pm (starting June 6th)

Learn to relax with simple movements to restore composure and serenity. Wear loose clothing. Instructor: Grace Jasperson

House & Garden Arts - Tuesdays 5pm (starting June 6th)

Ceramics, mosaics, beading, jewelry, flower arranging, plant tips etc. A different area of interest will be featured with a weekly still life and demonstrations included. Instructor Grace Jasperson

FRIDAY MOVIES

Starting at 12:45pm

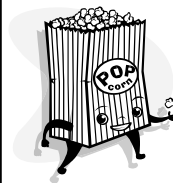
Flight Plan—June 2nd

Jodie Foster stars in this thriller about woman and her daughter are flying home from Berlin to America. At 30,000 feet the child vanishes and nobody admits she was ever on that plane.



Mrs. Henderson Presents—June 9th

Laura Henderson, played by Judy Dench, turns an old London Theater into a performance hall for nude revues shocking the high-society.



Shopgirl—June 16th

From a novel written by Steve Martin who also stars as a businessman in a love triangle with a salesgirl (Claire Danes) and an aimless young man.

Match Point—June 23rd

The latest film from Woody Allen stars Scarlett Johansson in a dark tale about passion, betrayal, and guilt that takes place in London.

Transamerica—June 30th

(Adult themes) Bree, a pre-operative, male-to-female transsexual, holds down two jobs and saves every penny so that she can pay for one last operation that will make her a woman at last. One day, however, she receives a strange phone call. It appears that on the other side is Toby - apparently her son. This unusual and heartwarming movie stars Felicity Huffman as Bree.



MEETINGS

ADVISORY COUNCIL

Tuesday, June 6th; 10:30 AM

This is an open meeting & everyone is welcome to attend.

EMERYVILLE COMMISSION ON AGING

Wednesday, June 14th; 10:00 AM

This City Council appointed body focuses on issues pertinent to seniors. Open to the public.

NEWSLETTER DAY

Tuesday, June 20th; 9:30 AM

Volunteers help put together the newsletter for mailing. Refreshments provided.

...The..Link...

PROGRAM HIGHLIGHTS

Continued...

CLASSES & ACTIVITIES

INTERNET TRAINING – Mon. 9:30 AM

Learn how to surf the world -wide-web and set up an email account. **FEE:** Free **Instructor**– Howard Chinn.



PHYSICAL FITNESS

Mondays, 10:15 AM

Aerobic exercise for healthy heart, lungs, and muscles. **FEE:** Free through Pleasant Valley Adult School. **Instructor**– Geraldyn Washington.

BINGO – Mondays, 1:00 PM (no Bingo on 5/8)

A chance to socialize & perhaps win a cash prize. **Callers:** Dottie Wieland, Charles Carroll, and Rolf Tutschek **FEE:** \$3.50 for 3 cards, 10 games, & black out.

FELDENKRAIS CLASS – Mondays, 1:00 PM

Awareness through movement. **FEE:** Waived for ESC members **Instructor:** Juanita Oribello

ART CLASS – Tuesdays, 1:30 – 3:30 PM

Come explore the basics of drawing & painting with acrylics, water soluble oil paints (new), and watercolor. **Instructor:** Grace Jasperson, M.A.



BALLROOM DANCE CLASS – Tues. & Fri. 10:00 AM

Tuesday learn a variety of dance steps to prepare for our monthly dance. Friday is supervised practice & coaching to improve technique, balance & fluidity.

TALK BACK – Tuesdays; 10:00 AM

Ollie Beasley will lead group discussions ranging from motivational issues, activities, and health.

SINGALONG – Tuesdays; 12:30 PM

Come join the fun at our choral singalong. Class will be taught by Grace Jasperson.

BRIDGE CLASS – Tuesdays, 1:00 – 3:00 PM

Lessons & supervised play covering a range of intermediate skills. **FEE:** \$38.00 for a 5-week course. **Instructor:** Reginald Williams.



WEIGHT TRAINING INSTRUCTION

Tuesdays and Thursdays, call Center for time.

Designed for seniors to help improve strength, flexibility, and balance. Train with a certified physical fitness instructor from Oakland. For details, speak with Ellyn Bloomfield. This is fee-based instruction.

BREATH OF GRATITUDE – Wednesdays, 10:30 AM

Mostly seated exercises designed to increase range of motion, flexibility and balance.

FEE: Waived for ESC members. **Instructor:** Amy Aldrich.

DAYAN QI GONG – Wednesdays, 1:00 PM

Learn this ancient healing art that leads to healthy living through gentle practiced moves. Please wear loose clothes. **Instructor:** Susan Carbondale **FEE:** Waived for ESC members.

QUILTING – Thursdays, 1:00 PM (no class 6/22)



Learn patterns, design, & construction at your own pace. **FEE:** Free through Pleasant Valley Adult School.

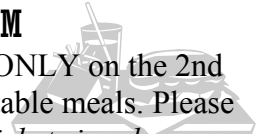
TAI CHI CLASS – Thursdays, 1:00 PM (no class 6/22)

Using ancient Chinese movements, improve balance, energy, & relaxation. **FEE:** Free **Instructor:** Joanne Sultar

SERVICES & PROGRAMS

LUNCH - Mon. through Fri., 11:45 AM

Lunch will be served at 11:30 am ONLY on the 2nd Monday of the month through portable meals. Please note the time change. *Please buy tickets in advance.*



BROWN BAG FOOD DISTRIBUTION

Thursday, June 1st & 15th; 10:00 AM

Bags of fresh produce & groceries for eligible program participants. **FEE:** Annual Donation of \$10.00.



BLOOD PRESSURE CHECK-UP

Friday, June 2nd, & 16th; 11:30 AM

Offered by the Emeryville Fire Department who maintain records of your blood pressure check-ups. **FEE:** Free



HICAP – Tuesday, June 13th 1:00 PM by appointment.

Unbiased assistance & information on long term care, Medicare, supplements to Medicare, & HMOS. **FEE:** Free **Counselor:** Paul Lee

SENIOR MASSAGE

Tuesday, June??? 11AM-2:30 PM

Certified Massage therapist, Beatrice Blackmon provides relaxing massages on Tuesday mornings. **FEE:** \$20 per 1/2 hour; \$30 per hour. Call the Center to make a reservation.



CONTINUING SERVICES

CONNECTIONS — Information, referral, and case management to help older adults or their families meet their needs by accessing community resources and professional services; assistance with senior housing, renter/homeowner tax refunds, complaint resolution, forms and documents; long-term care planning, including pre-placement assessment.

POOL TABLE
NEWSPAPERS
MAGAZINES
PAPERBACK BOOKS
FREE STUFF

MEASURE B TRANSPORTATION — Discount taxi ride vouchers for eligible Emeryville residents. Assistance with applications for East Bay Paratransit ADA rides. Brochure available on request.

BART TICKETS — Discount tickets for adults age 65+. \$9.00 for \$24.00 worth of rides.

INTERNET ACCESS — A new, upgraded computer dedicated for use by seniors who want to surf the worldwide web. By appointment.

POST-SURGERY SUPPORT — Resources to assist newly-discharged persons recuperating at home.

HOME-DELIVERED MEALS — For home-bound older persons, Monday – Friday; weekends by special arrangement. \$3.00 minimum suggested donation per meal.

HOME CARE — Personal care, housekeeping, shopping and escort for eligible older adults.

FISHING LICENSE APPLICATIONS — California license for low income seniors.

VISIT OUR WEB SITE: www.ci.emeryville.ca.us
CLICK: Directory of City Departments CLICK: Senior Center





Public Works

Quick Search

Decemb

Jump to a City Department

ACTIA / Measure B Program

Public Works

- Flood Hazard Info
- Encroachment Permits For Contractors
- Measure B / ACTIA Master Fee Schedule
- City of Emeryville Benchmarks

ACTIA / Measure B Program

In November 2000 Alameda County voters approved Measure B, which reauthorized the 1/2 cent sales tax to be used for transportation improvements. Passage of this measure also established the *Alameda County Transportation Improvement Authority (ACTIA) to administer the sales tax starting in April 2002 and continuing through March 2022.

Each year the City of Emeryville receives approximately \$150,000 in Measure B funding to improve and maintain our local streets and roads; \$15,000 per year to construct and upgrade pedestrian and bicycle facilities; and \$20,000 annually for paratransit assistance to aid in the mobility of seniors and persons with impairments.

Did You Know?

Almost 1 million passengers a year embark or depart from the Emeryville Amtrak Station.

Recent City of Emeryville projects with Measure B funding include:

- Triangle Neighborhood Slurry Seal
- 2002 Street Reconstruction
- 2004 Powell / Frontage Slurry Seal
- 2003/2004 Annual Street Reconstruction Project
- 2005 Annual Slurry Seal Project (North of Powell)

Bicycle and Pedestrian Safety Program Report Summary

The City of Emeryville is currently under contract with the UC Berkeley Traffic Safety Center to conduct an evaluation of four high automotive-traffic volume intersections in the City and make recommendations on how to improve pedestrian and cyclist safety. This contract is for \$15,000. When the recommendations are finalized an additional \$15,000 will be used for a contract with a traffic engineer to design the improvements. Some funds will be needed to build the improvements - this budget has yet to be determined. 30,000 in funds were appropriated and spent on the signage and pavement markings for the new Horton /Overland Ave Bike Boulevard. Future fund will be used for additional Bike Boulevard Racks and the Emeryville Greenway.

Alameda County Transportation Improvement Authority

City of Emeryville
1355 Park Avenue
Emeryville, CA 94602
Phone: 913-598-4000
Fax: 913-598-6005



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