



NEWS RELEASE

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FOR IMMEDIATE RELEASE
May 10, 2010

Drive a Healthy Commute Alternative on May 13th – Bike to Work Day

Alameda County – California. Thursday, May 13, 2010 is National Bike to Work Day and in Alameda County many partners are working together to support related activities. The Alameda County Transportation Improvement Authority (ACTIA) sponsored efforts in the county for Bike to Work Day in partnership with the East Bay Bicycle Coalition (EBBC), which will coordinate over 100 Energizer Stations to encourage bicycle ridership. Stations will be located along local bike commute routes throughout Alameda County, providing free beverages, snacks and good cheer to bicyclists.

Energizer Stations will operate during morning and afternoon commute hours.

In addition, the EBBC will offer bicycle safety classes for cyclists of all ages. The Energizer Stations and free Drive a Bike Safety Classes are funded in part by ACTIA's Measure B funds. ACTIA administers Measure B, the half-cent transportation sales tax that funds transportation improvements in Alameda County.

On Bike to Work Day, thousands are expected to bike to work in the Bay Area, with many being first-time bicycle commuters. The EBBC and ACTIA are encouraging everyone to ride safely and spare the air, as bicycling is a healthy commute alternative.

May is National Bike Month, during which other bike-focused events are planned around Alameda County, including Bike-In Movies. This event will run screenings of bike-themed and earth-friendly movies at locations in Alameda, Berkeley, El Cerrito and Oakland. Another event, Bike to Market Day, will occur on May 22nd, whereby cyclists are encouraged to shop by bike for the day and enjoy savings and the company of many other

cyclists, setting a great example. To learn more about these and other bike-related events, visit the EBBC's website at www.ebbc.org.

Please verify the following dates and times on the EBBC's website, www.ebbc.org.

Drive a Bike Safety Classes	Date/Time
Classroom Workshops	
Pleasanton – Amador Recreation Center Cultural Arts Classroom 4477 Black Ave.	May 4, 2010 - 6:00 to 9:30 p.m.
Oakland – Kaiser Oakland Medical Center Fabiola Building, Conference Room G65B 3801 Howe St.	May 6, 2010 - 6:00 to 9:30 p.m.
Alameda – Congregational Church of Alameda Social Hall 1912 Central Ave.	May 29, 2010 - 2:30 to 5:30 p.m. (Free helmet for attendees while supplies last.)
San Leandro – Downtown Main Library 300 Estudillo Ave.	June 2, 2010 – 6:00 to 9:30 p.m.
Hayward – Hayward Public Library 835 C Street (between Mission Blvd. and Watkins St.)	June 26, 2010 – 1:00 to 4:30 p.m.
Road Classes	
Pleasanton – Amador Recreation Center Cultural Arts Classroom 4477 Black Ave.	May 8, 2010
Berkeley – Malcolm X Elementary School 1731 Prince St.	June 19, 2010
Family Cycling Workshops	
Berkeley – REI 1338 San Pablo Ave. (at Gilman St.)	May 16, 2010 – 9:00 to 11:30 a.m.

The EBBC is a non-profit, tax-exempt 501c3 organization dedicated to promoting bicycling as an everyday means of transportation and recreation. The EBBC safeguards the interest of bicyclists in Alameda and Contra Costa counties.

ACTIA administers Measure B, the half-cent transportation sales tax in Alameda County, which was approved by 81.5% of the voters in November 2000. ACTIA delivers transportation improvements and services to keep Alameda County moving, including mass transit projects and programs, transit villages, bicycle and pedestrian corridors and key highway projects to eliminate bottlenecks and improve local connectivity. For more information, visit the ACTIA website at www.actia2022.com.

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